



Living **Healthier**
 Playing **for life**
 Change **for Life**
 Living **longer**

The future of Merthyr Tydfil is in your hands
 Improving our health and well-being

For further information visit www.brightermerthyrtydfil.co.uk

The 2008 forecast for Merthyr Tydfil is brighter thanks to the creation of the new Health Social Care and Well-Being Draft Forecast.

Over the next few months the Health, Social Care and Well-being partnership will be working with you to find out what you think needs to be done to improve the Health, Social Care and Well-being of Merthyr Tydfil.

The information you provide will inform the development of the new Health Social Care and Well-Being forecast for Merthyr Tydfil until 2011 to create a brighter forecast for you and your families.

This leaflet is available in various formats including various languages. Please call **01685 724623** or **01685 727035** to request a copy.

The key issues that we aim to look at in more detail will be centred around the following headlines and examples:

Working Together

How can we work together to deliver the services that will improve the overall health and well-being of Merthyr Tydfil?

We aim to achieve:

- A more co-ordinated approach to deliver improved Health & Social Care services for all ages.
- Empowerment of local communities.
- Participation of service users in partnerships and service developments.

Learning for Health and Well-Being

How can we support you to lead a healthier life and increase your overall well-being?

We aim to achieve:

- Improved access to leisure facilities within the County Borough.
- Improved community and individual access to information, advice, facilities and support to improve the Health & Well-being of the community i.e. Healthy Living Centres.
- Improved Health of Children & Young People.

Better Health and Social Care Services

How can we improve the services we currently provide and what services do we need to create to meet your needs?

We aim to achieve:

- Appropriate local community based services.
- Better mental health provision for Children & Young People.
- Changes in the way services are provided for prevention and treatment.

Creating an Environment for Healthy Living

How can we tackle the underlying factors that affect our overall health?

We aim to achieve:

- Improved availability of appropriate housing for all age groups.
- Improved accessible and affordable public and community transport.
- Reduction in the fear of crime and provide a safer environment for all.
- Support to enable people to work.

Living Independently

How can we ensure that every person residing in Merthyr Tydfil can live independently?

We aim to achieve:

- Improved use of assistive technology.
- The provision of purpose built housing enabling a home for life.
- Support for carers of all ages.
- Support to help people take better care of their own health.

If you would like to comment on the new draft forecast please visit the Health Social Care and Well-being website, www.brightermerthyrtydfil.co.uk.

The website allows you to view and read the draft forecast, find out more information on the consultation process and comment on any issues you feel need to be included.

Alternatively please call us on **01685 724623** or email us at hscwb@merthyr.gov.uk or fill out the attached form and send it to the address below.

The Health, Social Care & Well-being Forecast will be ready in Spring 2008.



Comments Section

Name

Address

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Email address.....

Telephone number.....

Your Comments

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**Please post comments to: Health, Social Care & Well-being Project Officer,
Integrated Adult Services, Merthyr Tydfil County Borough Council,
Ty Keir Hardie, Riverside Court, Avenue De Clichy, CF47 8XE**

Consultation end date: 12th January 2008